

LEARN THE FACTS

Did you know ???

- Every 9 seconds in the US a woman is assaulted or beaten.
- Around the world, at least one in every three women has been beaten, coerced into sex or otherwise abused during her lifetime. Most often, the abuser is a member of her own family.
- Domestic violence is the leading cause of injury to women—more than car accidents, muggings, and rapes combined.
- Studies suggest that up to 10 million children witness some form of domestic violence annually.
- Nearly 1 in 5 teenage girls who have been in a relationship said a boyfriend threatened violence or self-harm if presented with a breakup.
- Everyday in the US, more than three women are murdered by their husbands or boyfriends.
- Ninety-two percent of women surveyed listed reducing domestic violence and sexual assault as their top concern.
- Domestic violence victims lose nearly 8 million days of paid work per year in the US alone—the equivalent of 32,000 full-time jobs.
- Based on reports from 10 countries, between 55 percent and 95 percent of women who had been physically abused by their partners had never contacted non-governmental organizations, shelters, or the police for help.
- The costs of intimate partner violence in the US alone exceed \$5.8 billion per year: \$4.1 billion are for direct medical and health care services, while productivity losses account for nearly \$1.8 billion.
- Men who as children witnessed their parents' domestic violence were twice as likely to abuse their own wives than sons of nonviolent parents.

<http://domesticviolencestatistics.org/domestic-violence-statistics/>

Directions

From I-295 South: Take Exit 25 A, go 5 lights, and make a left onto Sycamore Lane

From The Walt Whitman Bridge: Take Rt. 42 South to I-295 South to Exit 25A, go 5 lights, and make a left onto Sycamore Lane

From the New Jersey Turnpike: Take Exit 3, proceed on Clements Bridge Road, (CR 573), turn right onto Cooper Street (CR 534), turn left onto Delsea Drive (Rt. 47), turn left onto Sycamore Lane

From 42 South: Merge onto Rt. 55 South, take the Rt. 47 exit (exit 56B), turn slight right onto Delsea Drive (Rt. 47), turn right onto Sycamore Lane



USA Track & Field Certified Course



Mayor's Wellness 4th Annual 5K Run/Walk and Kids' 1-Mile Health Walk/ Fun Run



All proceeds benefit
Victims of Domestic
Violence



Saturday, April 28, 2012

Race Time 8:00AM

Rain or Shine



Location

Fasola Park

12 Sycamore Lane
Deptford, NJ 08096

Event Schedule

Rain or Shine- No Refunds

Registration	6:45AM- 7:45AM
5K Run/Walk start	8:00AM
Awards Ceremony	9:00AM
1-Mile Health Walk/Fun Run (Children Only Ages 5-12)	9:15AM
Refreshments	

Race Amenities

- * All pre-registered participants will receive a t-shirt
- * Race day registrants will receive a t-shirt **(while supplies last)**
- * Post-race water and refreshments

Register online at through Community Pass at

<https://register.communitypass.net/deptford>

Information

5K Run Age Groups

12 & under	13-15
16-19	20-29
30-39	40-49
50 & older	

Awards

- ◆ 5K Run Overall Top Male Finisher
- ◆ 5K Run Overall Top Female Finisher
- ◆ Top 3 runners in each age group receive medals
- ◆ Only those runners finishing in less than 40 minutes will be timed
- ◆ All runners finishing within 40 minutes will be eligible for awards



Timing by L&M Computer Sports

Complete order of finish will be available at:

www.lmsports.com

www.deptford-nj.org

Entry Fees (Non- Refundable)

Pre Registration until 4/25/12

	Pre-Register	Day of Race
5K Run	\$ 20.00	\$ 25.00
5K Walk	\$ 10.00	\$15.00
1M Run/Walk	\$ 5.00	\$ 7.00

Runner Walker

Full Name _____

Age on Race Day _____ Sex: Male Female

Address _____

City _____

State _____

Zip _____

Email Address _____

T-shirt Size: M ___ L ___ XL ___ XXL ___

YS ___ YM ___ YL ___ YXL ___

Total Amount Enclosed: _____

Make Checks Payable :
Deptford Township
Submit registration form/fee to:
5K Run /Walk
1011 Cooper Street
Deptford, NJ 08096

Waiver: I the undersigned acknowledge that a race is a hazardous activity. I certify that I am, or my minor child is, medically able and have sufficiently trained for this event. With acceptance of this entry I do hereby, for myself and anyone entitled to act on my behalf, waive any liability against Deptford Township, volunteers, or sponsors of the event, for any injuries suffered by me in this event. I also give permission for any photos to be used from this event.

Signature _____

Date _____

